## **Full Thyroid Profile**

## THE PROCESS

- Your test kit will arrive in the mail from NutriPath
- The blood sample must be collected on Monday, Tuesday or Wednesday
- The blood sample must be collected by Melbourne Pathology

Download document to find a collection centre here

- You will need to return the blood sample to NutriPath using the postage packaging provided
- Notify your health coach when you have completed the test via Slack share a

**photo of the shipping label** on the postage packaging, this will allow us to track the sample if required

## **BEFORE THE TEST**

- Fast for a minimum of 8 10 hours
- Ensure you are well hydrated (water only) for easy blood flow



## READ THE INSTRUCTIONS INCLUDED IN THE TEST KIT BEFORE COMPLETING TEST

Ensure sample is collected correctly. The lab charges a \$50 retesting fee for incorrect samples