


## SHIPPING INSTRUCTIONS

14. Ensure that all five specimen container lids are screwed on tightly to ensure that they do not leak in transit and placed into the sealed section of the specimen transport bag.
15. Ensure that your NutriPATH request form has been correctly filled out and all patient information is correctly stated. This includes full patient name, date of birth, residential address and telephone number. Once completed, place into the unsealed section of the specimen transport bag.
16. Complete the 'NutriPATH Patient Checklist Form' prior to sending the samples back to the laboratory to ensure no delays in test results.
17. Place the specimen transport bag into the Reply Paid Post Padded Envelope.
18.  Seal the Reply Paid Post Padded Envelope and return to NutriPATH via your nearest Australia Post outlet or yellow express post bin on that same day.

*If you are under the care of a health care practitioner, testing should be professionally requested and interpreted. Patient self-request tests are not intended for the purpose of diagnosing illness or disease, but for monitoring of dietary and lifestyle changes.*

*Consult with your healthcare practitioner beforehand as to the requirement of withholding prescriptive pharmaceuticals prior to collecting a sample.*

**If you experience any issues during the process, please contact us on 1300 688 522. We will happily assist you.**

*"Thank you for your request. Results will be forwarded to your referring practitioner upon completion."*



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ARTG: 322569

GENOVA  
DIAGNOSTICS®

# GI EFFECTS STOOL PROFILE

## Collection Instructions

Version 1: July 2020

### COLLECTION REQUIREMENTS

**If you are uncertain of the collection procedure after reading these instructions, please contact our Customer Service on 1300 688 522 who will clearly explain the procedure.**

**Before proceeding, please read and follow all instructions carefully. Without taking these precautions your results may be inaccurate, or may result in a possible recollection being required.**

### IMPORTANT PRE-COLLECTION INFORMATION

- Test not recommended for patients under 2 years of age.
- **Wait at least 4 Weeks** from colonoscopy or barium enema before starting the test.
- Please consult with your physician before stopping any medications. Certain medications and/or supplements may impact test results.
- **2 to 4 Weeks Before the Test:**
  - Discontinue antibiotics, antiparasitics, antifungals, probiotic supplements (acidophilus, etc.).
  - Discontinue proton pump inhibitors (PPIs), and bismuth 14 Days prior if adding on the H. pylori test.
- **2 Days Before the Test:**  
Discontinue aspirin and other NSAIDs (i.e. ibuprofen), rectal suppositories, enemas, activated charcoal, bismuth, betaine HCL, digestive enzymes, antacids, laxatives, mineral oil, castor oil, and/or bentonite clay.
- **DO NOT collect samples** when there is active bleeding from hemorrhoids or menstruation.
- Before collecting your specimen refer to the shipping instruction to determine what day you can ship. **Ship only Monday through Friday, and within 24 hours after final collection.**

**KIT CONTENTS:**

Check contents of kit. If items are missing OR you have any questions regarding this kit, please contact Customer Service on 1300 688 522.

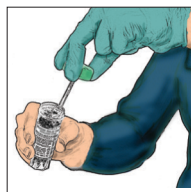
USE PEEL AND STICK LABEL → ORANGE-TOP C & S TUBE → PINK-TOP TUBE (10% FORMALIN) → GREEN-TOP SAF TUBE → CLEAN TUBE → FECAL SWAB AND TUBE → COLLECTION DEVICE

- CAUTION: Tubes contain poisonous liquid. KEEP OUT OF REACH OF CHILDREN.**
- Tubes are under pressure. Cover tube cap with a cloth and remove cap slowly.
- For eye contact, flush with water for 15 mins.
- For skin contact, wash with soap and water.
- For ingestion, contact poison control center immediately.

1 x Specimen transport bag                      1 x Collection instructions  
1 x Reply Paid Post Padded Envelope      1 x Patient checklist form  
1 x Request form

**SPECIMEN COLLECTION INSTRUCTIONS**

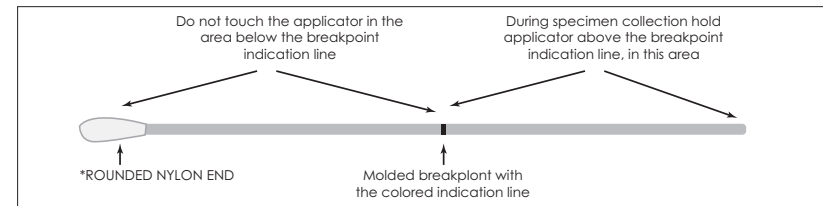
- Using the peel and stick labels provided **record** the **patient's date of birth** and **place** a label on each of the tubes and the test requisition form.
  - Put on** the glove.
  - Collect** your stool sample using the enclosed collection container. **DO NOT contaminate** the sample with either urine or water from the toilet.
  - GREEN-TOP TUBE:** **Remove** the cap. **Transfer** stool sample into the tube using the built-in scoop. **Collect** from different areas of the sample. **Mix** the sample with the liquid in the tube until it is as smooth as possible. **Make** sure that the liquid and sample do not exceed the **FILL LINE**. **DO NOT OVERFILL**. **Screw** the cap on tightly. **Shake** tube for 30 seconds.
- NOTE :** If a worm is seen, **DO NOT place** it in tube with stool. Instead **place** it in **GREEN-TOP TUBE WITHOUT** scooping additional stool. Alternatively, a worm can be placed in a clean glass jar with rubbing alcohol, with no additional stool added to jar. Make note on requisition form that a worm was seen and write **WORM** on the tube. **Do not mix and mash** sample if there is a worm inside. **Do not shake tube** if there is a worm inside.



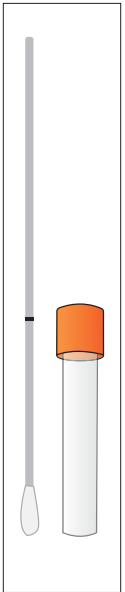
**BLENDED SAMPLE & PRESERVATIVE CANNOT EXCEED THE RED FILL LINE**

- Repeat **STEPS 2 through 4** with **ORANGE-TOP TUBE, PINK-TOP TUBE, and the WHITE-TOP TUBE.**  
*Note: There is no liquid in the WHITE-TOP TUBE.*

- Peel** open swab package, **remove** the tube, and place it upright. The swab should remain in the sleeve until you are ready to collect sample.
- Grasp** swab above the molded breakpoint which is the opposite end from the nylon applicator tip. (see diagram below)



- Collect** sample by inserting the **ROUNDED NYLON END\*** (see above) of the swab into the stool sample and **rotate** it. **Confirm** that the swab contains fecal material. If not, repeat.
- Open** the swab collection tube and insert the swab. **Mash** and **mix** the rounded nylon end of the swab with stool on it against the side of the tube.
- Break** the swab off at the break point. **Place** the screw cap on the tube and **tighten**. **Shake** the tube. Using the peel and stick label, **write** patient's date of birth on the label and apply to the swab tube.
- Record** the **date of collection, stool consistency** (refer to chart below), and **stool color** for **Day 3 Collection only**, on the Test Requisition Form in the sample consistency, sample color and collection date areas.



**Consistency of Stool Sample Chart**

Formed	Hard/Constipated	Loose Stool	Watery/Diarrhea

- Dispose of remaining sample** into toilet
- Place** all tubes in the biohazard bag and refrigerate. **Refrigerate** until ready to ship. **DO NOT FREEZE.**