

CODE: 5032

Mercury

THE PROCESS

- Your test kit will arrive in the mail from NutriPath
- This test requires a **urine sample**
- The urine sample must be **collected on Monday, Tuesday or Wednesday**
- You will need to return the sample to NutriPath using the postage packaging provided
- **Notify your health coach** when you have completed the test via Slack - **share a photo of the shipping label** on the postage packaging, this will allow us to track the sample if required

[Click to watch a collection video here](#)

4 days before the test, stop eating

- seafood

2 days before the test, stop

- smoking

1 day before the test, stop taking

- nutritional supplements



READ THE INSTRUCTIONS INCLUDED IN THE TEST KIT BEFORE COMPLETING TEST

Ensure sample is collected correctly.
The lab charges a \$50 retesting fee for incorrect samples