

CODE: 8009

# MyDNA Comprehensive

## GENETIC PROFILE

### THE PROCESS

- Your test kit will arrive in the mail from NutriPath
- This test requires **2 mouth swab samples**
- The samples must be collected on **Monday, Tuesday or Wednesday**
- Ensure the specimen bag and two small vials have the same unique patient identifier code
- You will need to return the samples to NutriPath using the postage packaging provided on the **same day** as your collection
- Notify your health coach when you have completed the test via Slack - share a photo of the shipping label on the postage packaging, this will allow us to track the sample if required

#### For test day:

- fast overnight

#### Before collection do not:

- eat, drink, brush or floss
- chew gum
- drink coffee products
- use tobacco

If you drink water, please wait 45 minutes before collecting samples



#### READ THE INSTRUCTIONS INCLUDED IN THE TEST KIT BEFORE COMPLETING TEST

Ensure sample is collected correctly.  
The lab charges a \$50 retesting fee for incorrect samples