

CODE: 3418

Nasopharyngeal - Bacterial & Fungal Culture

THE PROCESS

- Your test kit will arrive in the mail from NutriPath
- Collect the sample between **Sunday - Wednesday** to ensure it arrives at the lab promptly.
- You will need to **return the sample to NutriPath** using the postage packaging provided.
- The test require you to take a **swab 5-10cm into your nostril**. It is recommend a friend assists with this process.
- **Notify your health coach** when you have completed the test via Slack - **share a photo of the shipping label** on the postage packaging, this will allow us to track the sample if required



READ THE INSTRUCTIONS INCLUDED IN THE TEST KIT BEFORE COMPLETING TEST

Ensure sample is collected correctly.
The lab charges a \$50 retesting fee for incorrect samples