

CODE: 4029

Oxidised LDL

THE PROCESS

- Your test kit will arrive in the mail from NutriPath
- The **blood sample** must be collected on **Monday, Tuesday or Wednesday**
- The blood sample must be collected by **Melbourne Pathology**

[Find a collection centre here](#)

- You will need to **return the blood sample to NutriPath** using the postage packaging provided
- **Notify your health coach** when you have completed the test via Slack - share a photo of the shipping label on the postage packaging, this will allow us to track the sample if required

2 weeks before the test, stop taking

- Statin medications as advised by your practitioner

Before the test

- Fast for 12 hours
- Ensure you are well hydrated (water only) for easy blood flow



READ THE INSTRUCTIONS INCLUDED IN THE TEST KIT BEFORE COMPLETING TEST

Ensure sample is collected correctly.
The lab charges a \$50 retesting fee for incorrect samples