

CODE:5022

# Pre-chelation Metals

## THE PROCESS

- Your test kit will arrive in the mail from NutriPath
- This test requires a **urine sample**
- The urine sample must be collected on **Monday, Tuesday or Wednesday**
- You will need to **return the sample to NutriPath** using the postage packaging provided
- **Notify your health coach** when you have completed the test via Slack - share a photo of the shipping label on the postage packaging, this will allow us to track the sample if required

[Download document to watch a collection video here](#)

### **4 days before the test, stop eating**

- seafood

### **2 days before the test, stop**

- smoking

### **1 day before the test, stop taking**

- nutritional supplements



## **READ THE INSTRUCTIONS INCLUDED IN THE TEST KIT BEFORE COMPLETING TEST**

Ensure sample is collected correctly.  
The lab charges a \$50 retesting fee for incorrect samples