

CODE: N0010C

Hair Mineral Analysis

THE PROCESS

- This test requires a **hair sample**
- Collect **0.25 grams of virgin head hair OR pubic hair**
- Take the sample from the back of the head using clean stainless steel scissors
- Collect **2.5cm** of the hair **closest to the scalp (or body)**
- Return the sample to the lab using the prepaid envelope provided
- Notify your health coach via Slack when you have completed the test

For your reference, this is what 0.25 grams of hair looks like



READ THE INSTRUCTIONS INCLUDED IN THE TEST KIT BEFORE COMPLETING TEST

Ensure sample is collected correctly.
The lab charges a \$50 retesting fee for incorrect samples