

CODE: N0060

Ovulation Testing

BEFORE DUTCH PLUS

We want to ensure we get the most accurate data from your DUTCH+ test. For this reason we [test for ovulation beforehand](#) to make sure the test is completed on the correct day.

On page 2 of your instruction booklet, you'll find information about what day to complete the test. Please disregard these instructions and follow the information below.

- Follow the instructions provided in your ovulation test kit.
- You'll need to **begin testing for ovulation on day 10**. If your cycle is longer or shorter than 28 days, your practitioner will advise when to begin.
- Once you have a positive ovulation test, **count ahead 7 days**. This is when you'll need to complete the DUTCH Plus test.
- You have a **2 day window** to complete the DUTCH Plus test.

Example

Positive ovulation test on day 16

Count forward 7 days

$$16 + 7 = 23$$

The test needs to be completed on day 23 or day 24



READ THE INSTRUCTIONS INCLUDED IN THE TEST KIT BEFORE COMPLETING TEST

Ensure sample is collected correctly.
The lab charges a \$50 retesting fee for incorrect samples