



Your 3 hour deep dive session

Experience the difference of next level healthcare

Health can be complex, and there's no better investment in understanding your case than dedicating time to explore it fully. Our 3-hour initial deep dive (\$870) is designed to give your practitioner a comprehensive understanding of your health and start formulating a personalised plan together.

During this session, your practitioner will take a detective approach, exploring your health history, diet, lifestyle, and any test results to start uncovering the root causes of your concerns. By the end, a mind map will begin to form, connecting the dots and laying the groundwork for your treatment strategy.

This extended consultation also helps both you and your practitioner get a feel for how you'll work together moving forward (see overleaf for program details).

Towards the end of your session, your health coach will join the discussion, guided by you and your practitioner, to understand how to best support you on your health journey.

Ready to get a deep dive into your health?

Call us on 1300 614 814 to book now

We're excited to support you in reaching your health goals!

Your program

Get clarity. Be supported. Feel the difference.

Thousands of patients have reclaimed their health through our award winning approach. Ready to take control of your health and feel your best? Our tailored programs offer the support you need to achieve lasting results. When you join, you'll receive:

- As much guidance from your functional medicine practitioner as needed to direct your treatment
- Ongoing personalised health coaching support to create profound changes to your health
- Access to the world's best labs for the most accurate insights into your health
- Personalised resources designed specifically for your unique needs



After your 3-hour deep dive, your practitioner will recommend the most suitable program tailored to your needs.

To support your treatment, testing and supplements may be required, and these are billed separately from the program fee. Costs vary based on the tests and treatments needed, typically ranging from \$200 to \$1200 per test.

Your practitioner will clearly explain all testing options and associated costs, so you'll always know what to expect.

Full payment for the program is due upon enrolment, but we also offer [flexible payment plans](#) to suit your needs.



Healthcare program pathways

We understand that each case is unique, and progress may require varying levels of time and attention. After your deep dive assessment, your practitioner will guide you to the program best suited for you. Here's an outline of your options:

Deep dive only

You've explored our services and feel complete with the information you've gathered. Whether you have what you need or have decided we're not the right fit, no further steps are required

3 month program

\$3700

Ideal for less complex cases or those affecting a single system. If your practitioner believes your health issue can be addressed in this timeframe, and testing insights provide a clear path forward, this program will set you on the road to better health

*Not available for international patients due to additional logistics.

5 month program

\$5700

A great option for those dealing with multiple systems or longer-term health concerns. This program allows for further testing and refinements as we continue to understand your health. Backed by thousands of successful cases, this is our most tried-and-tested program duration

7 month program

\$7700

Recommended for complex, chronic health issues requiring in-depth investigation and time for resolution. Your practitioner will suggest this program if they determine the complexity of your case warrants it

FAQs

What do your healthcare programs include?

Each of our programs provide you with the same level of service and support to get you results. All of our programs include:

- Uncapped care
- Dedicated functional medicine practitioner
- Dedicated health coach
- Personalised resources
- Access to quality labs and supplements

How do I know which program duration is right for me?

After your initial deep dive, your practitioner will better understand your health needs and provide a tailored recommendation for the best program length for you. While every detail of your journey can't be predicted upfront, our experience allows us to identify the most suitable path for your case.

Health issues are often complex, and as we dig deeper, additional factors may emerge, making timelines harder to define. Using our expertise and criteria, we'll recommend the best program to ensure you receive the right support throughout your healing process.

Here's a simplified example of our decision matrix - how your practitioner will determine the most effective program for you.

Program duration	5-7m	3m
Condition complexity	multiple/complex	single presentation
Duration/history	longstanding	recent
Condition examples	skin, hormones, autoimmune	IBS, hypertension
Testing/investigation	investigation required to determine treatment	testing can be undertaken during treatment phase

See our [FAQs page](#) for more information, or contact our team - they're always happy to help with any questions you may have.

Take the first step towards better health

At Melbourne Functional Medicine, we specialise in helping people with a wide range of health concerns regain their vitality and achieve lasting wellness.

Through our personalised, science-backed approach, you'll:

- Address the root causes of your health challenges
- Receive a tailored health plan for your unique needs
- Gain ongoing support from an expert practitioner and health coach who are with you every step of the way

Don't let your health hold you back any longer.
Call us to start your journey now.

**Your best health is waiting.
Let's get there together.**

Call us on [1300 614 814](tel:1300614814)

