

HOW TO GUIDE

BIOV8 peptides





As part of your health journey, you may have had a discussion with your practitioner about the option of using peptides. Whilst Melbourne Functional Medicine does not prescribe or dispense peptide preparations, we have an affiliate arrangement with BIOV8, Australia's leading supplier of peptides.

Peptides are prescription medications that are heavily regulated in Australia. If you are interested in discussing options for peptide therapy with a doctor who has expertise in peptide therapy, follow the steps below.

Note that it may take 2-3 weeks to receive your peptide products.



Key steps

- 1 Go to biov8.com.au/MFMVIP and click on signup
- 2 On the login page click on register new account
- 3 Complete the registration form - allow 20 mins
-  ————— Allow 48hrs for approval ————— 
- 4 Read the information on the peptides available. Select and purchase the peptide(s) of your choice (Note: can be changed after the medical consult)
- 5 Next, schedule a free of charge appointment with a BIOV8 doctor This is compulsory for the peptide prescription
- 6 Following your consultation, if the doctor has approved your prescription you will receive an email within 24-48hrs confirming that your prescription is submitted to the compounding pharmacy. Use this link to login and order for 10% off biov8.com.au/MFMVIP. It takes around 7 working days for your peptides to be delivered

Once the registration form is submitted it will take 24-48hrs for your account to be approved. Once approved you will be able to login to the website and view information regarding the peptides.

Note that due to regulatory requirements you will not be able to access information regarding prescription peptides until your account has been approved and you can login to the website.

You may have discussed with your practitioner various options for appropriate peptides, and you will be able to view further information regarding these, and other peptides once you login to the website. Whilst you may have discussed certain peptides with your practitioner, we recommend you discuss options with the Doctors at BIOV8 during your consultation, and make your decision based on their expert advice.

Administering Peptides

Many peptides are administered through subcutaneous injection, using a fine needle, that is injected into the fat layer just under your skin. Injectable peptides come with the appropriate syringes included. It is recommended that at the time of purchase you also purchase a sharps disposal container to ensure the safe disposal of used syringes. Full sharps disposal containers can be taken to any local pharmacy for correct disposal.

Some peptides are administered orally as a capsule, and others are applied topically as a cream and do not require injection. Speak with the doctor during your consultation to see if these alternative forms of administration are appropriate.

Professional or competitive level athletes should check on regulatory requirements pertaining to the use of peptides before considering peptide therapy.

What's in the peptide kit

The kit box



Syringes and swabs



Inside the package



The vial



Follow the dosing instructions precisely. Do not change the dosage instructions without consulting with a BIOV8 doctor for advice.